



Prescriptions: artists' books on wellbeing and medicine

Richard Nash

On Innards | Publication, by artists Richard Nash, Amanda Couch, Mindy Lee, and Andrew Hladky, was selected for the group exhibition *Prescriptions*, which ran in the Beaney House of Art & Knowledge, Canterbury, from 21 April to 25 September 2016 curated by Dr Stella Bolaki and Egidija Čiricaite.

The title of the exhibition, *Prescriptions*, was taken from one of Martha A. Hall's artists' books. Hall's book art, created from 1998 until her death in 2003, documents her experiences with breast cancer and interactions with the medical community. These themes find unique expression through the intimacy, immediacy and complexity of the artist's book medium that not only challenges the conventional book form but also offers a palpable experience of the patient's world.

The exhibition featured around 90 artists' books by national and international artists responding to themes of cancer, disability, mental health, surgery, recovery, medicine and wellbeing. The curated show revealed the therapeutic and empowering potential of art whereby artists' books become an alternative kind of prescription. The exhibition featured 15 books by Hall, on loan from the University of New England's Maine Women Writers Collection, which were being shown in the UK for the first time.



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Exhibition Photographs

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Photography © University of Kent (bottom) / © Amanda Couch (top)
<https://research.kent.ac.uk/artistsbooks/exhibition/>



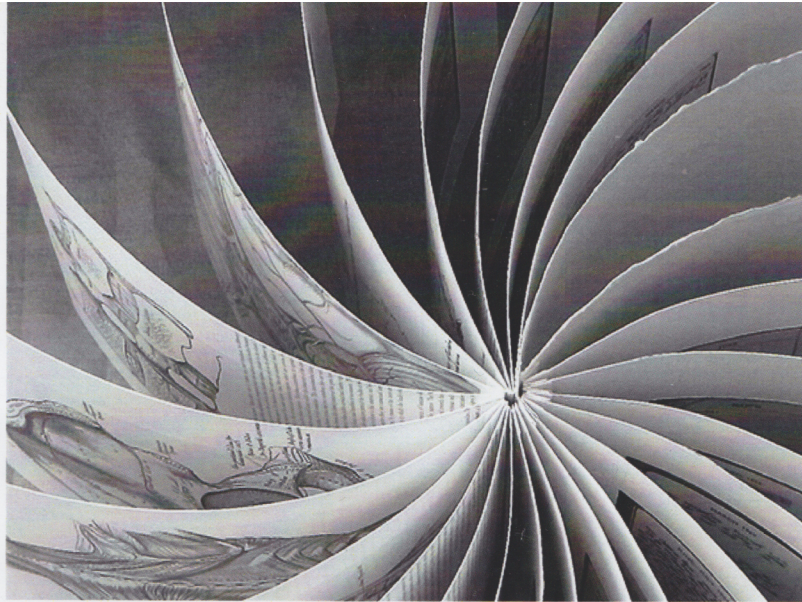
Prescriptions: artists' books on wellbeing and medicine.
 Beaney Museum of Art and Knowledge, Canterbury.
 21 April - 25 September 2016.



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Publicity materials



list of works for

PRESCRIPTIONS:
artists' books on wellbeing and medicine
with featured artist, Martha A Hall

21 April - 14 August, 2016
The Beaney House of Art & Knowledge, Canterbury

Prescriptions is part of a wider research project on artists' books and the medical humanities (by the University of Kent and the University of New England).

1. Blue Moon
Martha A. Hall

2. Dark Room Days
Martha A. Hall

3. Diagnosis
Martha A. Hall

4. I Make Books
Martha A. Hall

5. It's Nothing
Martha A. Hall

6. Legacy
Martha A. Hall

7. Living (II)
Martha A. Hall

8. Paper Passages:
A Duologue Between
Friends
Martha A. Hall and
Allison Cooke Brown

9. Prescriptions
Martha A. Hall

10. Tattoo
Martha A. Hall

11. The Rest of
My Life II
Martha A. Hall

12. Test Day II
Martha A. Hall

13. Voices: Five Doctors
Speak, July 7-16, 1998
Martha A. Hall

14. What You Don't
Want to Know about
Breast Cancer
Martha A. Hall

15. 'The Ghost Project'
Published
Mara Acoma
www.maraacoma.com

16. The Book of
Common Prayer
Sophie Adams
www.sophieadams.com

17. Flutterbet of Angst/
Joy and The Dance
to Death
Veronica Adamson
veronica@bluejade.org
18. Dossier: Constriction
Judith Alder
<http://judithalder-live.co.uk/>
19. Mind Maps
Penny Alexander
www.pennyalexander.wix.com/artist
20. Losing Touch
Karen Apps
www.karenapps.com
21. Protecting
my mind
Gunilla Åsberg
<http://gunillaasberg.se>
22. Scan
Square Book
Bini Atkinson
biniatkinson.wix.com/bini
23. Hallux Valgus
Bini Atkinson
biniatkinson.wix.com/bini
24. Biological
Correlations
Heather Beardsley
www.heatherbeardsley.com
25. No Mind
**Gaby Berglund
Cardenas**
www.gabyberglundcardenas.wordpress.com
26. Parentesi
Settembrina -
September Parenthesis
Marina Biagini
duo09.wordpress.com
27. Madâme B's
Homemade
Existentialist Crisis
Janet Marie Bradley
janetmarieart.co.uk
28. Prescriptions
Lizzie Brewer
lizziebrewer.com
29. Rosebud
Julie Brixey-Williams
juliebrixey-williams.co.uk
30. In the Absence
of Running
Véronique Chance
www.veroniquechance.com/
31. What do I do now
you're gone
Sally Chinaea
sallychinaea.com
32. Innumerable as the
stars of night
Egidija Čiricaite
www.egidija.com
33. Unknown
Carole Cluer
www.carolecluer.com
34. Book of Scars
Allison Cooke Brown
allisoncookebrown.com
35. Core Sample
Allison Cooke Brown
allisoncookebrown.com
36. Wound
Allison Cooke Brown
allisoncookebrown.com
37. Suturing
Margaret Cooter
margaret-cooter.co.uk
38. On Innards
**Amanda Couch, Andrew
Hladky, Mindy Lee, and
Richard Nash**
oninnards.wordpress.com
39. Huwawa in
the Everyday:
An Almanac
Amanda Couch
www.amandacouch.co.uk
40. Entrail Troyen
Amanda Couch
www.amandacouch.co.uk
41. Reflection
on Digestion
Amanda Couch
www.amandacouch.co.uk
42. Point of Contact
George Cullen
www.georgecullen.com
43. Bleeding out
(Internally)
parts A and B
Fiona Davies
www.fionadavies.com.au
44. I Can Read My
Father
Mike Dodd
www.mike-dodd.com
45. The Olfactory
Archive Volume 1
(& Volume 2)
Emma Dolphin
emma.dolphin@network.rca.ac.uk
46. Pharmacopoetics
Stephen Emmerson
stephenemerson.wordpress.com/