



On Innards

Richard Nash

On Innards is a multidisciplinary project developed by artists; Amanda Couch, Mindy Lee and Andrew Hladky, that explores the changing conceptualisations of guts and digestion, their impact on the creative process and the role they play in constructing and destabilising our sense of self. Bookwork artist and designer Richard Nash joined the project to collaborate and lead on dissecting, reinterpreting, and reconnecting the record of this two-year project in the form of a limited-edition artist book, *On Innards / Publication*.

The project started with Nash setting the three artists a collaborative project to reflect textually, visually and materially on their three-way conversation presented at *Body Horror*, Athens (2013), onto a typeset concertina. Joined with Nash, this then extended into a 4-way conversation on the embodiment of the project and the form of the book. Working with artefacts, images, and stories from the *On Innards / Exhibition and Event* (2014), Nash examined, reinterpreted, and curated; extending existing research and making material interventions, in addition to contributing with graphic expressions and typo-concrete writing.

Along with artworks from Couch, Lee, and Hladky *On Innards / Publication* included contributions from Carlo Comanducci, Giskin Day, Dr. Simon Gabe, Kerry Gallagher, Nathaniel Storey, and Jamie Sutcliffe and Jenny Pengilly, from the fields of gastroenterology, virology, cultural theory, art history, yoga, performance and fine art, and the medical humanities.

With 200 pages of intersecting formats, Nash created an artists' book as an embodiment of digestion. Its intestinal form interweaves, concertinas, fold-outs, pop-ups, gate-folds, roll-folds and reveals. Nash created an innovative custom 'mesenteric' binding, which, when unwound, allows the book to be opened further, unfolding to reveal hidden ideas, images and text.

On Innards / Publication had an official launch with a signing on the 12th September at the prestigious London Art Book Fair (2015) at the Whitechapel Gallery.



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Promotion Photography

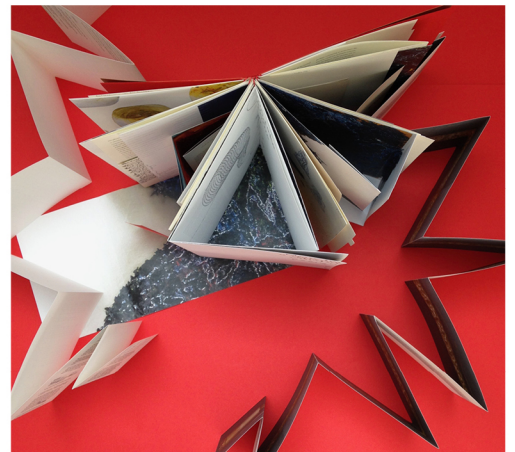
Promotion Photography

Photography © Richard Nash (2015)



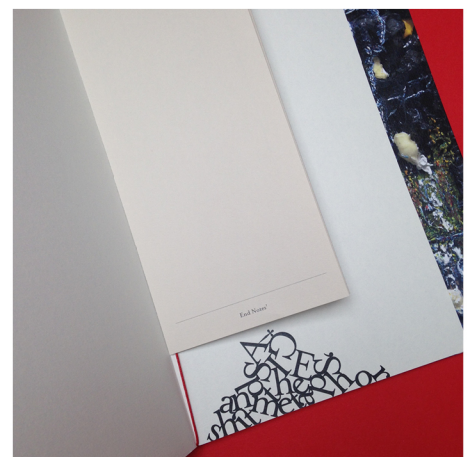
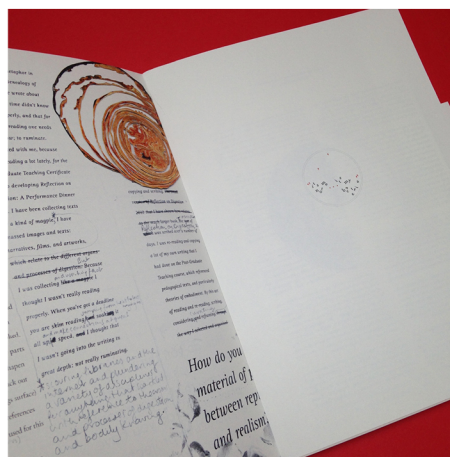
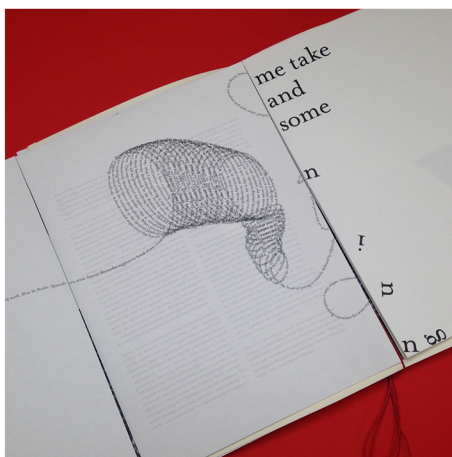
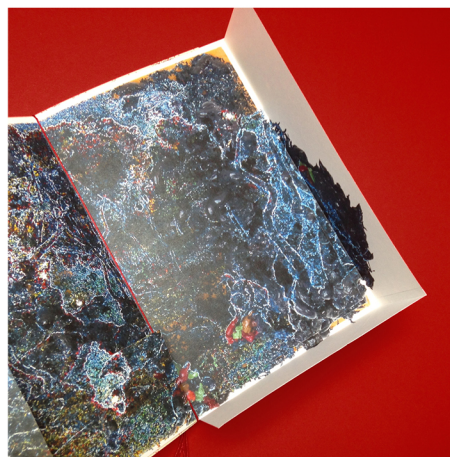
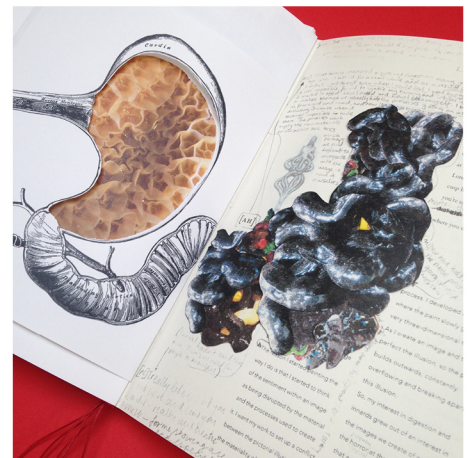
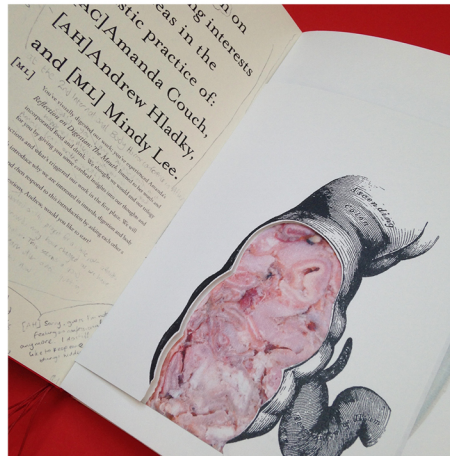
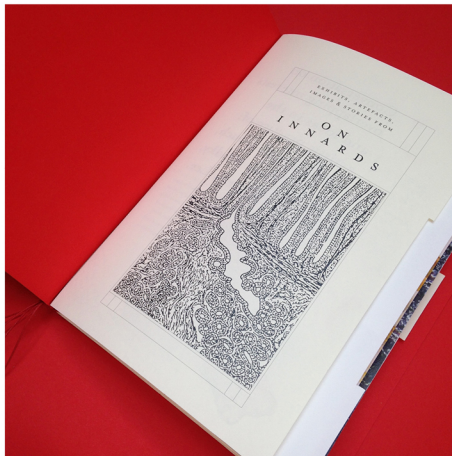
On Innards | Publication
Published by bookRoom Press
ISBN: 978-0-9576828-5-6
Limited edition of 200

Text-block digitally printed by
Riverprint on Colorplan 135
and 270gsm stock by G. F.
Smith. Manilla folder printed
on an Epson R2000. Cut,
folded, bound and finished by
hand. Individually stamped
and numbered. Produced at
the bookRoom Press by Nash,
Couch, Lee, and Hladky.



Promotion Photography

Photography © Richard Nash (2015)



Selection of individual pages.



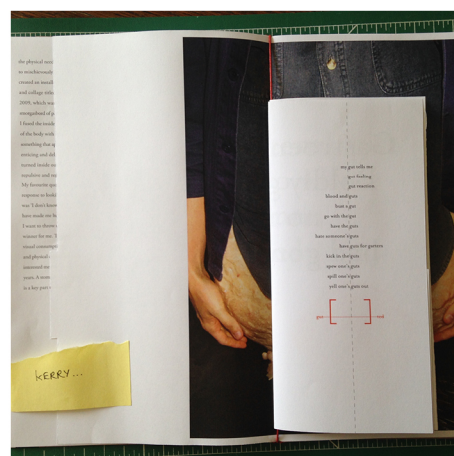
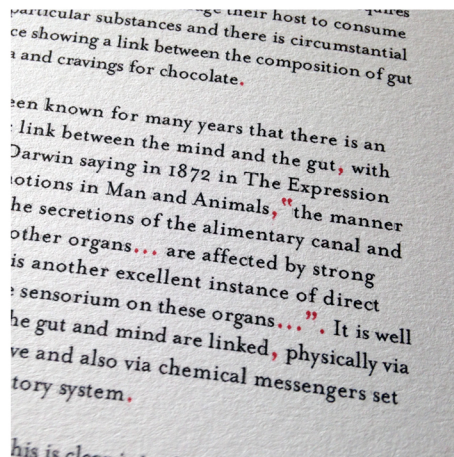
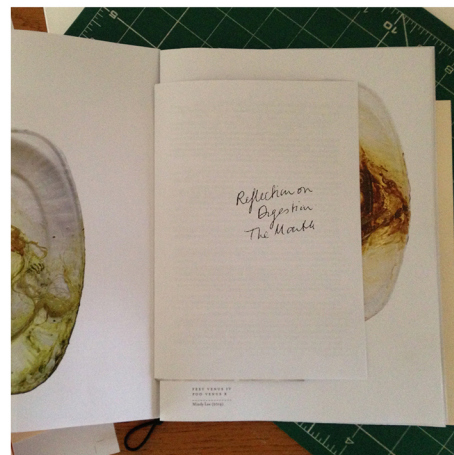
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Process Photography

Photography © Richard Nash (2015)

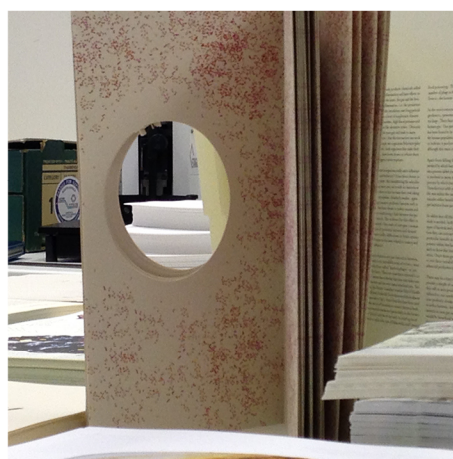
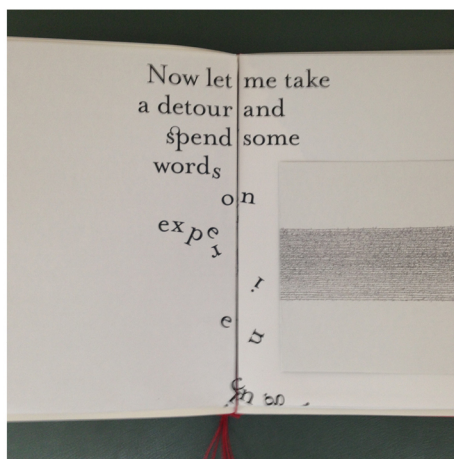
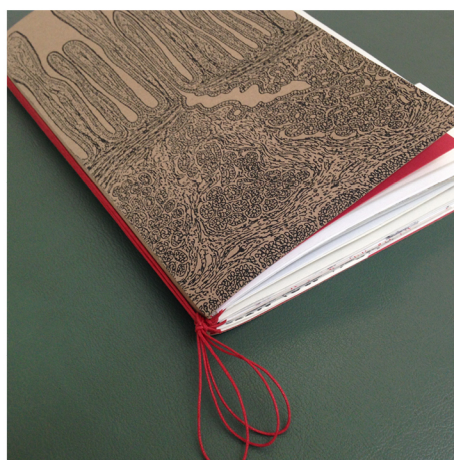
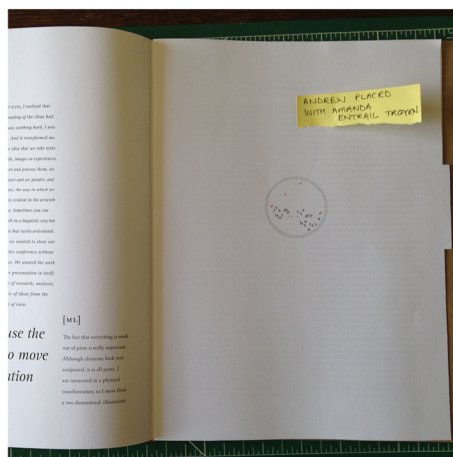
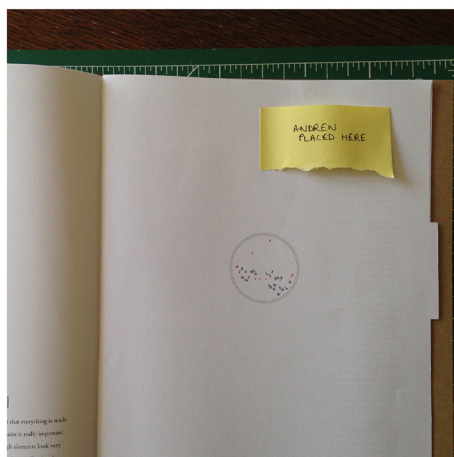
Photography © Richard Nash (2015)



Selection of development prototypes. Row one and two: 8 - 9 Feb 2015 (early ideas and experimentation). Row three: 21 March 2015 (experimentation). Row four: 18 April 2015 (experimentation and curatorial ideas).

Process Photography

Photography © Richard Nash (2015)



Selection of development prototypes. Top row: 18 April 2015 (cont.). Row two and three: 14 July 2015 (Artists Proof. In-house laser printed on sample G. F. Smith Colorplan stock). Row four: 18 - 21 August 2015 (Production at bookRoom, Farnham)



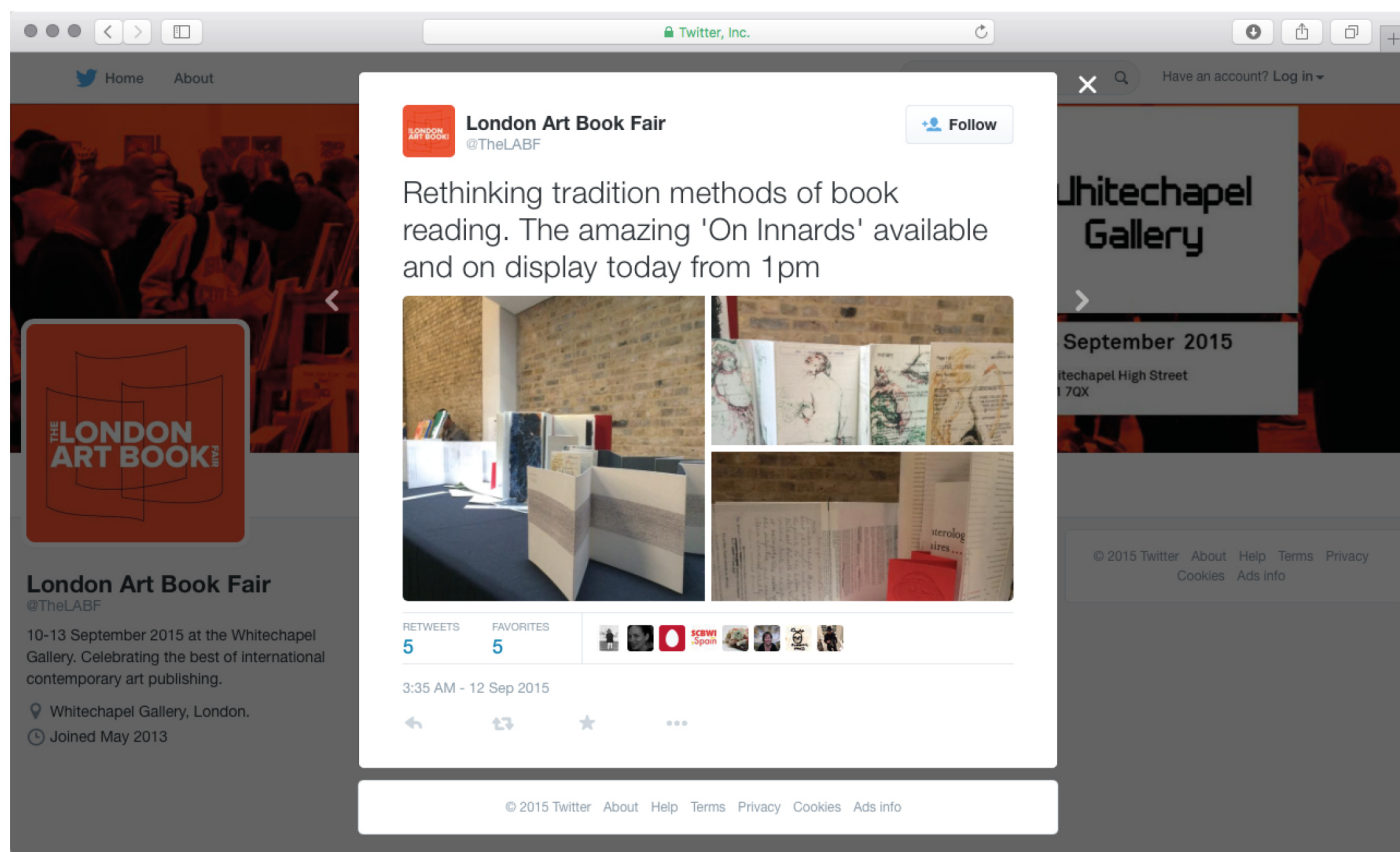
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Book Launch

Book Launch

Photograph (bottom) © Amanda Couch (2015)



Official Launch at LABF.
Launch and signing by
Nash, Couch and Lee.
12 September 2015.



THE LONDON ART BOOK FAIR

**Whitechapel
Gallery**

Programme
10–13 September 2015

londonartbookfair.com

The London Art Book Fair 2015

Whitechapel Gallery, 10–13 September



This free fair at the Whitechapel Gallery presents the best in international contemporary art publishing. Browse artists' books, rare art publications and catalogues from over 90 publishers.

Opening night: Thursday 10 September, 6–9pm / **Open:** Friday, Saturday, Sunday 11–13 September, 11am–6pm

Book Signings

Friday 11 September

1pm, **Marta Gnyp:** *Shift* published by Art and Theory

2pm, **David Osbaldeston:** *Inflection Sandwich* published by Onomatopoe

3pm, **Antony Iles:** *Anguish Language* published by Archive Books, distributed by Anagram Books

4pm, **Marie Jacotey:** *Dear Love Who Should Have Been Forever Mine* published by common-editions (Launch and signing)

Saturday 12th

12pm, **Simona Ciraolo:** *Whatever Happened to my Sister* published by Nobrow Books

1pm, **Amanda Couch, Andrew Hladky, Mindy Lee and Richard Nash:** *On Innards* published by bookRoom

2pm, **Alessandra Kila:** *Calabria upon return* published by Paper Tigers Books

3pm, **Andy J Poyiadgi, William Exley, and Joe Sparrow:** *Nobrow 17 x 23* published by Nobrow Books

4pm, **Audrey Reynolds, Susan Finlay, Charlotte Young, Mikey Cuddihy, Pamela Golden, Edward Allington, Francesco Pedraglio and Fabian Peake:** *Flash 500* published by Akerman Daly (Launch and signing)

5pm, **Fiona Banner:** *Heart of Darkness* published by Four Corners Books

Sunday 13th

1pm, **Miriam Elia:** *We Go to the Gallery* published by Dung Beetle Books

2pm, **Sophie Demay:** *Open Books* published by Hato Press

3pm, **Adrian George:** *The Curator's Handbook* published by Thames & Hudson

4pm, **Kerry James Marshall:** *Look See*, published by David Zwirner Books

4pm, **Michael Craig-Martin:** *On Being An Artist* published by Art/Books

Book Launches

See the following new publications first this weekend:

Akerman Daly: *Flash 500*

Art and Theory: *The Shift – Art and the rise to power of contemporary collectors* by Marta Gnyp

Banner Repeater: *BookBlast: Digital Archive of Artists' Publishing*

bookRoom: *On Innards*

common-editions: *Dear Love Who Should Have Been Forever Mine* by Marie Jacotey

Distance Over Time: *Actaeon's Silent Moment; Prelude to a Deadly Metamorphosis* by Alexander Skorobogatov

Distance Over Time: *Dodge and Burn* by James Mckinnon

Dung Beetle Books: *We Go to the Gallery* by Miriam Elia (Relaunch)

Hurricane Publishing: *Atlas of Small and Large Observations* by Cecilia Westerberg

Kurt Johannessen: *Other Other Other Exercises* by Kurt Johannessen

ottoGraphic: *The Octopus Would Like to Put a Stop to Us* by ottoGraphic

Paper Tigers Books: *Calabria Upon Return* by Alessandra Kila

Spriten Forlag: *UR – Arkiv* by Mette Karlsvik

Studio C&C: *Fluro, Flora, Fauna*

Sharjah Art Foundation: *Working with Artists and Audiences on Commissions and Residencies* edited by Anne Barlow

Whitechapel Gallery
77–82 Whitechapel High Street
London E1 7QX
Aldgate East/Liverpool St.

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londonartbookfair.com

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Impact

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On Innards | Publication has been presented and exhibited at the following exhibitions, book fairs, and conferences:

10 - 11 November 2017:	Small Publishers Fair, Conway Hall, London (with bookRoom)
1 - 2 April 2017:	BABE, Bristol's biannual artists book event, the Arnolfini, Bristol (with bookRoom)
4 - 5 November 2016:	Small Publishers Fair, Conway Hall, London (with bookRoom)
28 - 29 October 2016:	Counter 2016, Plymouth Art Book (with KALEID editions)
14 - 28 October 2016:	<i>The Interplay of Art and Research</i> , Curated by Richard Nash, UCA Library Canterbury
21 April - 25 September 2016:	<i>Prescriptions: artists' books on wellbeing and medicine</i> , The Drawing Room, Beaney Museum of Art and Knowledge, Canterbury https://research.kent.ac.uk/artistsbooks/catalogue-preview/
20 - 22 May 2016:	Offprint London Art Publishing Fair, Tate Modern, London (with KALEID editions)
11 - 13 May 2016:	KALEID 2016 Oslo: <i>Artists Who Do Books</i> , Kunsthøgskolen i Oslo (with KALEID editions) http://www.kaleideditions.com/wp-content/uploads/2016/08/KALEID2016Oslo_DoublePages_Interactive.pdf
5 - 6 March 2016:	PAGES Leeds, International Contemporary Artists' Book Fair, The Tetley, Leeds (with bookRoom)
4 - 6 December 2015:	<i>Livres d'Artistes - The Artist's Book in Theory and Practice</i> , Special Collections and Archives (SCOLAR) University of Cardiff. Paper title: On Innards Publication. <i>Outside-inside-out: A collaborative journey</i> . Amanda Couch and Mindy Lee http://livresdartistes.weebly.com/programme.html
16 - 27 November 2015:	<i>Writing as an Artist</i> , Curated by Mindy Lee, Wimbledon College of Art Library.
November 2015:	BOOK ARTS NEWSLETTER. No. 100 http://www.bookarts.uwe.ac.uk/pdf/newspdfs/100.pdf
6 - 7 November 2015:	Small Publishers Fair, Conway Hall, London (with bookRoom)
10 - 13 September 2015:	The London Art Book Fair, Whitechapel Gallery, London (with bookRoom)

On Innards | Publication is held in several collections, including:

Wellcome Library, London

Wimbledon College of Art Library, London

University for the Creative Arts Artists' Book Collection, Farnham

University of Kent Library Special Collection, Canterbury

MoMA The Museum of Modern Art, New York

The School of the Art Institute of Chicago (SAIC) Joan Flasch Artists' Books Collection, Chicago

The Metropolitan Museum of Art, New York.